

Our Commitment

Reach your goal

At Walk Run Ride, we are committed to helping you reach your personal fitness goal. We help you accomplish this by giving you the education and support you need.

Available Products & Services

- A **Bicycle Repair Centre**, whether you bring your bike in for a specific repair, a quick tune-up or a major overhaul, you can be confident that our service team will do the work right and return your bike quickly so that you can get back to riding it.



- A variety of **clinics** incorporating distance goal setting and success strategies for successfully reaching your goals
- Retail products for walking, running, and riding

Make Fitness Your Lifestyle



Terry D'Ettore
President/Owner

A powerful fitness facilitator to help you reach your goal

Walk, Run Bike
55 Healey Road, Unit # 5
Bolton Ontario,
L7E 5A2

Phone: (905) 951-0025

Hours of Operation:

Monday to Friday: 11 AM to 8 PM

Saturday & Sunday: 10 AM to 4 PM

Bolton



Providers of fitness retail products, services, and clinics to the walking, running, and riding communities in Bolton, Ontario

www.walkrunride.ca