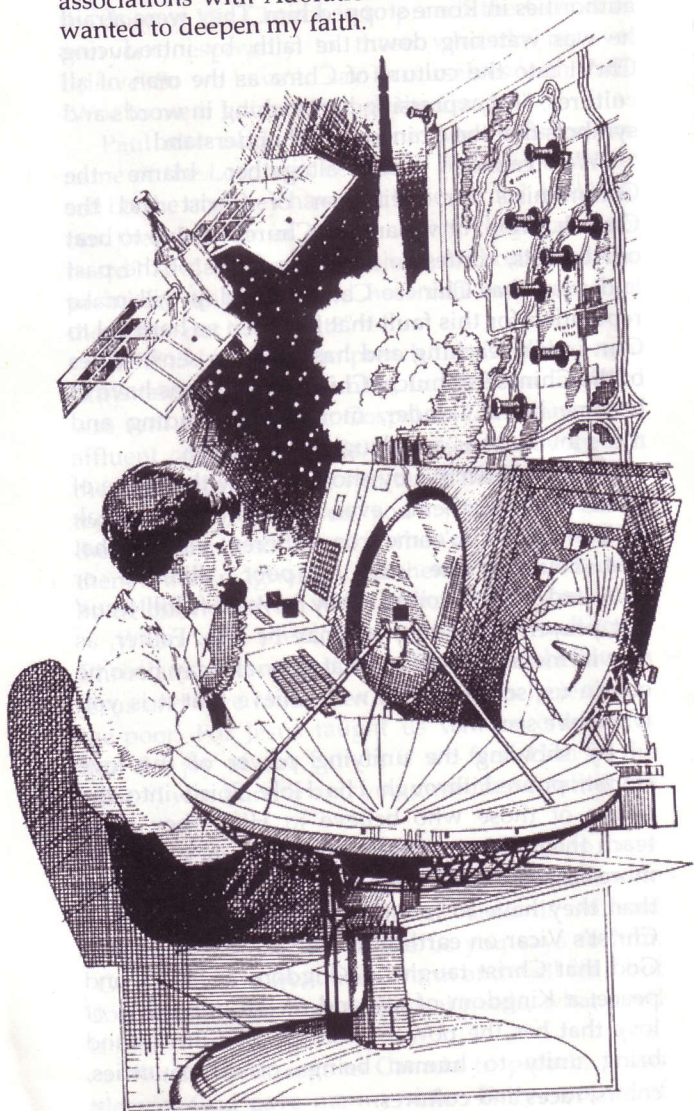




FOR YEARS I WANTED TO GO TO MY CHURCH and sit in Adoration of the Blessed Sacrament. My parish held Adoration in the little side chapel to the right of the altar on Monday and Tuesday of each week. I remembered my childhood parish in the United States and how the Sisters would take us to Adoration. I wanted to recapture all the happy associations with Adoration and childhood, and I wanted to deepen my faith.



'SEEK YE FIRST THE KI

How modern helps me a deeper

BY

ELIZABETH PILGRIM

Try as I might, my schedule was jam-packed. I was working fulltime writing software manuals and often studying computer technology at night. Although my husband and I had not been blessed with children, there was still a three bedroom home to maintain, chores and errands to be run, commuting, and the simple human need for rest.

Each piece of my life seemed intricately interwoven to all the other parts, and I could not find where I could scale back to free up adequate time. If for some reason I got a break of some sort in my schedule, I'd attend Adoration, but largely my desire to expand my spiritual practice beyond attending Sunday Mass remained frustrated.

In my prayer book there is a section called "A Quarter Hour before the Blessed Sacrament", and I'd sometimes read these prayers, but felt very much as though I'd failed Jesus. I had joined the Eucharistic Adoration Association, and each time my newsletter arrived I again felt like a terrible failure, but I'd still read the newsletter. Finally I decided to turn it all over to God. Certainly He didn't give me this desire so I could suffer in frustration. It must be part of His divine plan.

One day I read in a Catholic newspaper that there was a Eucharistic Adoration Web site. I checked it out, and a light bulb went on in my head! Could I surf to this Web site on my lunch hour or when at home and in that way spend 15 minutes in Adoration? It felt a little like I might be cheating, but daily Mass was televised for shut-ins and those otherwise unable to get to Mass, so why not use the available technology for Adoration?

And that is how I used technology to further my devotion to the Blessed Sacrament. This began around the turn of the millennium, and I'm